

# CWLOA Update

December 2015 & January 2016 Newsletter  
[www.cwloa.com](http://www.cwloa.com)



# CWLOA

Colorado Women's Lacrosse Officials Association

## Getting Ready for 2016 Season

December 2015 / January 2016  
Volume 3, Issue 1

Summarizing what you need to do to be an on field official for the 2016 lacrosse

### 1. Register nationally

[www.uslacrosse.org](http://www.uslacrosse.org)

**2. Register locally** for CWLOA and CHSAA. Send a check to our Treasurer, along with the registration form. Link to the form is on [cwloa.com](http://cwloa.com))

3. Once you are registered with CWLOA and CHSAA you will get a notification from Frank Bailey ([bailey5280@gmail.com](mailto:bailey5280@gmail.com)) to get an Arbiter account set up.

4. Once that is received, you need to login to Arbiter and set up an account and put in blocks for days /times, distance, sites and teams

5. If you're officiating HS a background check needs to be completed for CHSAA through Arbiter

Officials are also required to:

1. Attend a rules interpretation meeting,
2. Attend minimum of 6 hours of classroom training, 8 hours recommended for L2 and above,
3. Have on-field training,
4. Pass the annual online test (90%),
5. Take USL online educational women's officials course once

*See page 2 for dates to help you meet these requirements*

### Special points of interest for lacrosse in Colorado:

- 49 High schools=700+ of girls' high school games per season
- 70 currently active officials
- 120 officials needed to cover all the games (minimum)
- **Let's all recruit!**
- New? Watch [Starting Out in Stripes](#) an introduction to the game

### Inside this issue:

Training Dates	2
USL Convention	2
Special Interest: Certified Trainer	3
Inside Story: You Make The Call	3
Did you know? Youth	3
Spotlight	4

## Registration for 2016 Season

**Attention:** If you haven't registered yet you need to do so as soon as possible.

**1. Register nationally** (or renew) to get your complimentary new Rules book. Specify USL for youth/HS/College Club or NCAA [www.uslacrosse.org](http://www.uslacrosse.org)

**2. Register locally** through Arbiter for CWLOA and

CHSAA. You will need to send a check to our Treasurer, along with the registration form. (The form is linked on our web site main page: [cwloa.com](http://cwloa.com))

**3. Block your calendar** in Arbiter for times you are **not available** to do games. In addition to **days, dates & times**, you need to also

manage:

**distance** (you are willing to drive to officiate a game),  
**sites** (you don't want to go to), and  
**teams** (you don't want to officiate).

<http://www.arbitersports.biz>

**In order to have the best possible result for the initial draw, all officials need to manage each of these elements as they apply to you.**

If you are registered through CWLOA (you sent in your form and check), you should receive login instructions to Arbiter to be able to block your calendar, *so be sure to get that form sent in as soon as possible.*

Before the season starts you must get a background check completed. The CHSAA (for high school) required background check is coordinated through Arbiter. This background check needs to be done every 2 years.

## Training Dates

Training in December and January is for all New, Apprentice, Local and non-rated officials, and for anyone else who did not get their required number of hours of classroom training completed in October.

### USL Minimum's:

- New, Apprentice & 1<sup>st</sup> time Local need 6 hours of classroom
- Local that has renewed at least once, District and National need 3 hours.

Example: Attended DU/CU scrimmage: 1 hour of classroom; Attended Regis play day: 2 hours of classroom; Attends Rules Interpretation meeting: 2 hours of classroom; Attends NCAA rules Interpretation: 2 hours of classroom. This individual will have participated in at least 7 hours of classroom and will fulfill their annual classroom training requirement.

### Upcoming Sessions:

Date	Time	Location	Material Covered	Participation Level	Hours
December 9	6:30-8:30 pm	Southglenn Library, 6972 South Vine St., Centennial, CO 80122	Rule 7	All	2 hours classroom
December 17	6:30-8:30 pm		Rules 5-8	All	2 hours classroom
January 7	6:30-8:30 pm	Philip Miller Library, 100 S Wilcox St., Castle Rock, CO 80104	Rules 1-4	All	2 hrs classroom
January 13	6 – 8 pm	Colorado College, 14 East Cache La Poudre St. Colorado Springs, CO 80903	Rule 6	All	2 hrs classroom
January 20	6-8 pm		Rule 7	All	2 hrs classroom
January 27	3 – 9 pm	Philip Miller Library, 100 S Wilcox St., Castle Rock, CO 80104	Comprehensive Review, including Rules 6 & 7	All who need classroom hours & or missed Rule 6 & 7 **	6 hrs classroom
January 30	9am – 1 pm	Colorado Academy, 3800 South Pierce Street, Denver, CO 80235	Rules Interpretation, Arbiter Review	All, <b>Mandatory**</b>	2 hrs classroom
February 6	9am – 3 pm	Colorado College, (address above)	NCAA rules	All who are officiating NCAA games	
February 20	9am – 3 pm	Colorado College (address above)	NCAA games	All who are officiating NCAA games	
March 5 (tentative)	Time TBD	TBD	HS Play Day	All who are officiating HS games	

\*\*Although not required by US Lacrosse we highly recommend that you attend sessions that cover Rule 6 Fouls and Rule 7 Penalty Administration. The January 30<sup>th</sup> session is the Rules Interpretation meeting, which we encourage all to attend, so we all are on the same page with rules emphasis and interpretation.

**For Mountain and Western Slopes officials: We are in the planning stages for training, and hope to have a special communication out to all of you soon once we get a few things squared away. Thanks for your patience as we get plans arranged.**

## US Lacrosse Convention/ Scholarship application

*US Lacrosse Convention  
Jan 22-24, 2016 -Baltimore*

*Planning to go to  
Convention? Email  
[cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)  
so we can connect all  
those who are going from  
Colorado.*

The annual US Lacrosse Convention is a wonderful place to learn the new rule interpretations for both USL and NCAA. It's a chance to hear from veteran officials and coaches on the rational, background, and nuances about the rules. There are live field demonstrations, active presentations, discussions and occasionally spontaneous humor from the presenters. It's worth the trip!

To apply for a scholarship to cover the convention fee, go to [uslacrosse.org](http://uslacrosse.org) and search for "convention scholarship". **\*\*\*\*Deadline is Dec 11 \*\*\*\***

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## Special Interest: Certified Trainer Program

US Lacrosse is initiating a new Certified Trainer Program to educate and empower local area trainers who organize and implement the US Lacrosse Women's Officials Training

Program throughout the country. The national certified trainer program strives to equip all trainers to effectively deliver a comprehensive and consistent training experience for women's game officials. There is an Online Course to provide understanding of

their role as a Certified Trainer and introduce them to the scope and sequence of the training materials available. It will also deliver tips and best practice for managing the training environment and teaching key women's officiating concepts effectively.

In addition to that course, there will be a required annual webinar for rules interpretations for scholastic and youth rules points of emphasis.

For more information go to <http://www.uslacrosse.org>

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## Inside Story: You Make the Call

Rule Question:

What are the fouls that require a mandatory card be given:

- A. Check to the Head
- B. Dangerous Follow-through
- C. Dangerous Propelling
- D. Slash
- E. All of the above

Answer: E – these are the Major Fouls that when called require a card.

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## Did you know? Youth Officiating and Sideline Managers

There are many perks to officiating lacrosse at all levels; learn the game at a different level, promote safe play, get some extra exercise, make some extra money, and give back to the sport we love. The three teams on any field or court are players, coaches, and officials. Officiating lacrosse is one of the only sports where you have more control of the game as far as working with the coaches and fans. Officials have red and yellow cards in their arsenal if the need arises during the course of a game but in youth lacrosse there is another tool at our disposal that can be very effective. This tool is the sideline manager, who is an adult that is there to work with the team of officials to help monitor and control both sides of the field, if necessary.

A sideline manager is designated before the game by each coach and is required to be at the coaches and captains meeting at the start of the game. This was partially initiated to help the junior officials when dealing with adults all around the field during a game but is also appreciated by the adult officials. After the standard pregame procedures and expectations are covered, the sideline managers are instructed or reminded of their task to help promote positive involvement by coaches and fans. Although the official generally is the one to interact with a coach, on rare occasions, it may be necessary to involve the sideline manager to intervene with a coach. In all sports there is a triangle of involvement with the players, coaches, and officials. It is refreshing and reassuring to know in youth lacrosse, there is a fourth component, the sideline manager.

*"In all sports there is a triangle of involvement with players, coaches, and officials."*

Michelle Secor,  
Colorado Women's  
Lacrosse official



CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

[cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)

[CWLOA.com](http://CWLOA.com)

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president – Cyndy Schlaepfer-Youker [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)

### **Have an idea for an article or a question you want answered?**

Submit to: [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)

**Want to become more involved?** These are the areas we need ideas and help with:  
Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com) and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

**Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse**

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## **Spotlight – Allison Bailey – National Official**

*When and where did you first play lacrosse?*

I started playing lacrosse in middle school.

*When did you first become an official?*

I became an official my senior year of high school, officiating youth games.

*What was the process like in working your way to become a National official, and did you have a mentor?*

The process to becoming a national was surprisingly rewarding. The best thing I did for my officiating game was to get out of Colorado and officiate in other regions. In doing so, new opportunities were afforded to me and I was able to grow my game that much more. I enjoyed going for my national, I worked a lot of fun, competitive games with new and different partners. I did have a mentor during the process.

*What is your favorite memory of lacrosse?*

My favorite memories from lacrosse are from playing. While the memories from officiating are good, nothing will beat playing.

*What is one goal you have as a lacrosse official for this coming season?*

My goal for this next season is continuing to better communicate with coaches.

*What have you learned about yourself, or the game of lacrosse, as an official? (from Lynz our past month spotlight)*

I've learned that, while I can walk away from a game and not have it bother me, this game matters so much to these players and coaches and getting it right is just as important for me as it is to the fairness of the game.

*Since this is the December newsletter, is there anything that you are hoping to get for the holidays?*

For Christmas I'm asking for hiking socks and backpacking gear.

*Finally, ask a question for our next spotlight official.*

Why officiating and why lacrosse?

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**We wish you all a very Happy Holiday and a great 2016 officiating season!**