

CWLOA Update

April 2019 Newsletter
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CWLOA

Colorado Women's Lacrosse Officials Association

Official Thank You!

We would also like to thank all the officials who volunteered to help out with the Youth Training. Hopefully we can keep these kids officiating after they graduate from high school! Your help in working with them to learn and understand the rules and positioning on the field really helps the new officials and is appreciated.

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Mid Season meeting dates / times / places

At the mid-season meeting we will discuss rules situations and how the season is going for all officials. Each location will cover about the same things.

Boulder /Ft. Collins – April 14th from 12 pm to 2 pm pm; Fire Station 5 2701 South Indiana Street, Superior, CO 80027 – Lead by Michelle Gazarik mvgazarik@yahoo.com

Denver – April 14th from 12:30 to 2 pm pm Castlewood Library Conference Room, 6739 S Uinta Street, Centennial, CO 80112 – Lead by Les Snively les@windstream.biz

Colorado Springs – April 14th from 3 pm to 4:30 pm; Mission Medical Clinic, 2125 East LaSalle St., Colorado Springs, CO 80909 – Lead by DJ Bremser dbremser@msn.com & Dan Cronin dan.cronin.cos@gmail.com

Mountains – April 14th from 9 am to 11 am; Hovey and Harrison 56 Edwards Village Blvd, Edwards, CO 81632. Lead by Randy Schouten schouty@msn.com

Special Note: As the season progresses and you have changes to your personal schedule, it is important that you remember to keep your Arbiter blocks up to date. Schedules tend to get compacted at the end of the season when missed games are being rescheduled. It is really helpful and time saving for the assignors to know that your blocks are up to date.

Official Mechanics Reminders

We're well into our season of officiating, so just a few reminders to help us all step up our game.

1/ **Whistle** – make your whistle sing. Use varied tone based on the severity of the foul you are calling.
2/ **Direction Signal** – Who committed the foul? With your back to the sideline,

put your arm up so that it is horizontal in the direction play will resume, hold it there a bit so that your partner, coaches and players all have a chance to see it.

3/ **Foul Signal** – What is the foul? Show the foul signal; be demonstrative. Again hold the signal long enough for others to see it.

4/ Placement of players: B-O-O.

Ball, who gets the ball; Offender, Where does the Offender go? (Was it a major, minor, Goal Circle, RL, or Misconduct foul) and where did the foul occur (mid-field, over the RL, CSA, 12m Fan, 8M arc, goal circle);
Others, considerations are

the same as with Offender – what the foul was and where it occurred.

5/ **Whistle/Drop Arm** – make quick eye contact with your partner, Restart Play – raise your arm just prior to blowing your whistle and drop your arm after blowing your whistle.

2019 Assigning Instructions – *How to get games going forward*

There are lots of open games following the draw and more will open as the season progresses!

Two Arbiter sites: ASO & CHSAA – since there are two sites it is important that you share between sites, blocks, etc., using the share feature in Arbiter under your profile tab. Sharing will also better ensure all assigners know when you are assigned.

CHSAA: Melissa & Jerry Letofsky: alet038676@aol.com

Arapahoe, Cherokee Trail, Cherry Creek, Eaglecrest, Grandview, Mullen, Overland, Smoky Hill, Castle View, Chaparral, Heritage/Littleton, Rangeview, Regis, Rock Canyon, ThunderRidge, Rocky Mountain (Fort Collins)

Jeffco: dvelichk@jeffco.k12.co.us – Dale Velichkoff

Bear Creek, Chatfield, Columbine, Conifer, Dakota Ridge, Evergreen, Golden, Green Mountain, Ralston Valley, Wheat Ridge, Valor Christian

Metro: 2 assigners – DPS: donna_wingo@dpsk12.org – Donna Wingo – Metro: shlep4ukr@gmail.com – Cyndy Schlaepfer-Youker

DPS: Denver East, Denver Kennedy, Denver North, Denver South

Metro: Centaurus, Colorado Academy, Kent Denver, St. Mary's Academy, Loveland, Dawson (JV)

Mountain: schouty@msn.com – Randy Schouten

Aspen, Battle Mountain, Eagle Valley, Steamboat Springs, Summit, Fruita, Monument , Durango is Assigned independently

Southern: dan.cronin.cos@gmail.com – Dan Cronin

Air Academy, Cheyenne Mountain, Liberty, Palmer, Palmer Ridge, Pine Creek, Pueblo West, Rampart

Open games on ASO can be self-assigned. The self-assign feature can be accessed by clicking on schedule tab and then on the self-assign tab on the gray task bar. Only games that fit your Arbiter availability (time and distance) will be listed. They will also email openings as the game date gets close.

CHSAA assigners do not use self-assign. Each assigner uses email to communicate openings. Some will communicate at least weekly.

The assigners may try to fill openings by assigning an official that indicates in Arbiter that they are available. This process requires that you *keep your availability in Arbiter updated with any availability changes to avoid getting assignments that you cannot accept. We all have things that come up, so please do your best to keep your Arbiter blocks current.*

There have been a number of turn backs from the auto assign involving time and distance issues. You can prevent these assignments by using the block features in Arbiter. If you have any questions about Arbiter, please contact cwloaboard@gmail.com and we will try to help you.

Middle school games are assigned by Cyndy Schlaepfer-Youker - shlep4ukr@gmail.com

Youth games will be assigned by Dan Cronin (dan.cronin.cos@gmail.com) in Colorado Springs & Pueblo and by Cyndy Schlaepfer-Youker & Michelle Gazarik (cglaofficials@gmail.com) in metro Denver, Loveland & Ft Collins. These games are assigned in a third Arbiter site so please communicate with Dan or Michelle/Cyndy if you are interested in working youth games. The youth games are on Saturdays / Sunday's for make-up from March 30 - May 19.

Resources for rule changes or questions during the season

We want to remind everyone that information regarding all rules is posted throughout the season and can be found on the following web sites:

US Lacrosse website: uslacrosse.org

CWLOA website: cwloa.com (There is a form to fill out for questions you might have about a rule interpretation, under the Resources For Officials Tab)

NCAA Central Hub: ncaawomenslacrosse.arbitersport.com (this for NCAA rules only)

Self-Start Review

The basic essence of the rule is this: "For a whistle blown for a foul outside the critical scoring area, the player who is awarded the free position, after coming to a stop/settled stance, may continue the course of play without waiting for an additional whistle."

A more detailed description of the rule follows: The offending player must immediately move 4 meters behind or to the side of the player taking the free position, as indicated by the official. Any other player(s) within 4m must move to a position indicated by the official. All players farther than 4m from the foul must "stand" until ball carrier resumes play. The option of self-starting is administered at the spot of the foul. However, if the ball is within playing distance (a

stick and-a-half length away) from the player who is awarded the free position, the player who is awarded the free position may pick up the ball and, from a settled stance, self-start from that location.

If the ball ends up outside the playing distance of the foul, the player who has been awarded the free position and the ball must return to the spot of the foul for the self-start. If the spot of the foul cannot be determined, the official shall indicate the location of the free position.

If the player who has been awarded the free position chooses to self-start, the defensive players may engage immediately following the self-start. The ball carrier does not have to wait for all other players to be in position before

she self-starts. The ball carrier may also elect to wait for the official's whistle to restart play.

If any player moves prior to the player who has been awarded the free position, this results in a false start and shall be penalized at the spot of the ball. Repeated false starts or delays in moving 4m by the defense may result in a delay-of-game card.

To resume play when the ball has gone out of bounds, the closest player of the team awarded possession of the ball may commence play with a self-start, relative to the spot from where the ball went out of bounds. The player may commence play, from a settled stance, with a self-start within 2m of the boundary line. All other players must be at least 1m from the ball carrier.

Upcoming Calendar Events

April: Youth Games start;

Girls high school regular season is in full swing and runs through May 4th.

May: NCAA Playoffs & HS Playoffs

June: Tournaments, Youth, HS and college

July: More tournaments!

HS Dates to note:

May 18th & May 22nd – HS Semi Final and Final @ DU

May 17th-19th– NCAA Playoffs –Div II Semi-final and Final (Allendale, MI)

May 18th - 19th – CGLA Festival, site TBD

June 8th & 9th - Rocky Mountain Jamboree Tournament

June 14th – 16th - Denver Shootout Tournament, Dick's Sporting Goods Park

June 17th – 19th – Vail Lacrosse Tournament

June/July: Vail Lacrosse Shootout

Girls' U19 June 30th – July 3rd

Women's Elite July 4th - July 7th

Women's Masters July 4th – July 6th



cwloa@gmail.com

CWLOA.com

Facebook: CWLOA

Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse

CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president – Cyndy Schlaepfer-Youker cwloa@gmail.com

Have an idea for an article or a question you want answered?

Submit to: cwloa@gmail.com

Want to become more involved? These are the areas we need ideas and help with:
Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to cwloa@gmail.com and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

Spotlight – Maggie DeLauter – Official

Tell us how you first became involved with officiating women's lacrosse

My mom officiates girls' lacrosse in New York. At the time she was just getting involved to start her second season as an official. She was thrilled with the flexibility, pay and physical aspect of the job and she thought it would be a great fit for me. She suggested I Google the association, and that got me started. Now, proving even more so... mom always knows best!

Where did you play in college – tell us about your experience

I played at State University of New York at New Paltz. I have mixed reviews about my college experience. They were just starting a program at SUNY New Paltz when I was an incoming freshman. Therefore, I was not "recruited" to be on the team even though I met with the coach and she assured me playing time as a freshman Goalie. Prior to that, I had played 10 years as a goalie and loved the sport of lacrosse. I decided after my sophomore year that I no longer wanted to play for the coach as I didn't feel she was a good role model. The best thing to come from that experience was my teammates! They are still my best friends to this day. We make sure to get the team together a few times a year, which is so fun! I am thankful for my experience officiating because I was able to re-find my love for the game!

Do you or have you officiated any other sports; how does that help with officiating lacrosse?

I officiated Volleyball the last two years. I am excited to hopefully give Field Hockey a try this year! Officiating other sports helps to keep my role in the game fresh.

Do you have a favorite lacrosse memory?

My favorite lacrosse memory was when I scored a goal in high school. It was a tight game, but it was my last high school game. I told my coach I wanted to get a chance on goal because I knew exactly where to put the ball. I got the ball, took a shot and scored! It was my first and only goal because I was always the goalie. So I was thrilled!

What is one goal you personally want to achieve this year (the coming season)?

I want to work on my positioning on the field. So far other officials have been really helpful to feed off of.

What hobbies do you have outside of lacrosse?

Hiking and being outside in the sun is definitely my favorite. In winter, I am a very into arts and crafts.

Overtime: Where are you going on your next vacation?

I'm actually flying to New Orleans in the next few minutes – I'll be back by the time this newsletter goes out.

Double Overtime: It's 2029; What are you doing?

I have a job that provides fruitful means and I am having plenty of leisure time with my loved ones.

From the last newsletter spotlight official (Kristen McGrath:) What do you find to be the most beneficial way to maintain your officiating skills post-lacrosse season?

Tournaments! Also chatting with my mom about rule changes, and hopefully this year attending the convention with her!

Finally, ask a question for our next spotlight official.

What is your favorite flower or plant?