

# CWLOA Update

April 2018 Newsletter  
www.cwloa.com



# CWLOA

Colorado Women's Lacrosse Officials Association

## Official Thank You!

We would like to extend a big thank you to all the officials who helped out during the High School play day to make that a successful event. We would especially like to thank Don Bryant for being the organizer. If you see him please thank him personally.

We would also like to thank all the officials who volunteered to help out with the Youth Training. Hopefully we can keep these kids officiating after they graduate from high school! Your help in working with them to learn and understand the rules and positioning on the field really helps the new officials and is appreciated.

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### Mid Season meeting dates / times / places

At the mid-season meeting we will discuss rules situations and how the season is going for all officials. Each location will cover about the same things.

**Boulder /Ft. Collins** – April 15<sup>th</sup> from 4:30 pm to 6:30 pm pm; Fire Station 5 2701 South Indiana Street, Superior, CO 80027 – Lead by Michelle Gazarik [mvgazarik@yahoo.com](mailto:mvgazarik@yahoo.com)

**Denver** – April 15<sup>th</sup> from 4:30 pm to 6:00 pm Eloise May Library, Meeting Room A, 1471 S Parker Road, Denver, CO 80231 – Lead by Lisa Ellsworth [lisabuzze@comcast.net](mailto:lisabuzze@comcast.net)

**Colorado Springs** – April 15<sup>th</sup> from 3 pm to 4:30 pm; Mission Medical Clinic, 2125 East LaSalle St., Colorado Springs, CO 80909 – Lead by Jen Dorff [ridejmdride@gmail.com](mailto:ridejmdride@gmail.com)

**Mountains** – Their meeting was on March 29<sup>th</sup>. If you missed it, please come to one of the others or contact Randy Schouten [schouty@msn.com](mailto:schouty@msn.com) to cover what you missed.

**Special Note:** As the season progresses and you have changes to your personal schedule, it is important that you remember to keep your Arbiter blocks up to date. Schedules tend to get compacted at the end of the season when missed games are being rescheduled. It is really helpful and time saving for the assignors to know that your blocks are up to date.

## Illegal Defensive Positioning

The Rules Committee's emphasis on illegal defensive positioning is not intended to increase the frequency of fouls called on the defense. It's a clarification of the process and understanding of these fouls and to minimize injuries in the critical scoring area.

When a defender is in three seconds or the free space to

goal she illegally occupies a space to which she is not entitled and is reducing opportunities for the offense to safely attack. Additionally, the defender is placing herself at risk of injury.

For illegal defensive positioning associated with obstruction of free space to goal to occur, the attack must

create opportunity. First, the ball must be above the goal line extended and within the Critical Scoring Area. Second, the attacker must physically have the potential to shoot, and the path to goal must be clear of legal defenders. If opportunity to shoot does not exist, the call should not be made.

### 9.1 PEN Situation B:

Immediately following an indirect restart, the ball carrier is running in the direction of the goal as a defense player jumps into the free space to goal. The official whistles for Obstruction of free Space to Goal. **Ruling:** Incorrect. The conditions for a shot to be taken have not been met, therefore, Obstruction of Free Space to Goal may not be called.

## 2018 Assigning Instructions – *How to get games going forward*

**There are lots of open games following the draw and more will open as the season progresses!**

Two Arbiter sites: ASO & CHSAA – since there are two sites it is important that you share between sites, blocks, etc., using the share feature in Arbiter under your profile tab. Sharing will also better ensure all assigners know when you are assigned.

**ASO:** [alet038676@aol.com](mailto:alet038676@aol.com) – Melissa & Jerry Letofsky

Arapahoe, Cherokee Trail, Cherry Creek, Eaglecrest, Grandview, Mullen, Overland, Smoky Hill  
Castle View, Chaparral, Heritage/Littleton, Rangeview, Regis, Rock Canyon, ThunderRidge

**CHSAA:** shared by Jeffco, Metro, Mountain & Southern leagues

**Jeffco:** [dvelichk@jeffco.k12.co.us](mailto:dvelichk@jeffco.k12.co.us) – Dale Velichkoff

Bear Creek, Chatfield, Columbine, Conifer, Dakota Ridge, Evergreen, Golden, Green Mountain, Ralston Valley,  
Wheat Ridge, Valor Christian

**Metro:** 2 assigners – DPS: [donna\\_wingo@dpsk12.org](mailto:donna_wingo@dpsk12.org) – Donna Wingo – Metro: [shlep4ukr@gmail.com](mailto:shlep4ukr@gmail.com) – Cyndy Schlaepfer-Youker

**DPS:** Denver East, Denver Kennedy, Denver North, Denver South

**Metro:** Centaurus, Colorado Academy, Kent Denver, St. Mary's Academy, Thompson Valley

**Mountain:** [schouty@msn.com](mailto:schouty@msn.com) – Randy Schouten

Aspen, Battle Mountain, Eagle Valley, Steamboat Springs, Summit, Fruita, Monument,  
Durango is Assigned independently

**Southern:** [dan.cronin.cos@gmail.com](mailto:dan.cronin.cos@gmail.com) – Dan Cronin

Air Academy, Cheyenne Mountain, Liberty, Palmer, Palmer Ridge, Pine Creek, Pueblo West, Rampart

**Fort Collins:** Northern Colorado Sports Officials – Sean Grogan [grogansb@gmail.com](mailto:grogansb@gmail.com) - Rocky Mountain

Open games on ASO can be self-assigned. The self-assign feature can be accessed by clicking on schedule tab and then on the self-assign tab on the gray task bar. Only games that fit your Arbiter availability (time and distance) will be listed. They will also email openings as the game date gets close.

CHSAA assigners do not use self-assign. Each assigner uses email to communicate openings. Some will communicate at least weekly.

The assigners may try to fill openings by assigning an official that indicates in Arbiter that they are available. This process requires that you *keep your availability in Arbiter updated with any availability changes to avoid getting assignments that you cannot accept. We all have things that come up, so please do your best to keep your Arbiter blocks current.*

There have been a number of turn backs from the auto assign involving time and distance issues. You can prevent these assignments by using the block features in Arbiter. If you have any questions about Arbiter, please contact [cwloa@gmail.com](mailto:cwloa@gmail.com) and we will try to help you.

Middle school games are assigned by Cyndy Schlaepfer-Youker - [shlep4ukr@gmail.com](mailto:shlep4ukr@gmail.com)

Youth games will be assigned by Dan Cronin ([dan.cronin.cos@gmail.com](mailto:dan.cronin.cos@gmail.com)) in Colorado Springs & Pueblo and by Cyndy Schlaepfer-Youker & Michelle Gazarik ([cglaoofficials@gmail.com](mailto:cglaoofficials@gmail.com)) in metro Denver, Loveland & Ft Collins. These games are assigned in a third Arbiter site so please communicate with Dan or Michelle/Cyndy if you are interested in working youth games. The youth games are on Saturdays from March 31 - May 20.

## Resources for rule changes or updates during the season

We want to remind everyone that information regarding all rules is posted throughout the season and can be found on the following web sites:

US Lacrosse website: [uslacrosse.org](http://uslacrosse.org)

CWLOA website: [cwloa.com](http://cwloa.com) (we will put clarification on our website from any questions we get)

NCAA Central Hub: [ncaawomenslacrosse.arbitersport.com](http://ncaawomenslacrosse.arbitersport.com) (this for NCAA rules only)

## Official Mechanics

We're well into our season of officiating, so just a few reminders to help us all step up our game.

1/ **Whistle** – make your whistle sing. Use varied tone based on the severity of the foul you are calling.

2/ **Direction Signal** – Who committed the foul? With your back to the sideline, put your arm up so that it is horizontal in the direction play will resume, hold it there a

bit so that your partner, coaches and players all have a chance to see it.

3/ **Foul Signal** – What is the foul? Show the foul signal; be demonstrative. Again hold the signal long enough for others to see it.

4/ **Placement of players:**  
**B-O-O.**

Ball, who gets the ball; Offender, Where does the Offender go? (Was it a major, minor, Goal Circle, RL, or Misconduct foul) and where did the foul occur (mid-field, over the RL, CSA, 12m Fan, 8M arc, goal circle);

Others, considerations are the same as with Offender – what the foul was and where it occurred.

5/ **Whistle/Drop Arm** – make quick eye contact with your partner, Restart Play – raise your arm just prior to blowing your whistle and drop your arm after blowing your whistle.

**Carding:**

1. Signal time out
2. Turn and face score table
3. Show appropriate card and the foul signal (Slash, dangerous follow through, etc.)
4. Make eye contact with

partner to make sure s/he is aware of the card

5. A player is removed for 2 minutes (yellow) or 4 min. (USL Red) of playing time and reports to the penalty box

6. Table side official repeats foul, players number and shows card to table (to be recorded by the scorekeeper)

7. Make eye contact with partner to make sure they are ready (not writing the penalty)

8. Restart play with whistle and arm signal.

## Inside Story: New form to use for rules questions

There is a form on our web site that should be used for all rules and game situations that you have a question about. The form will go automatically to our Rules Interpreter – Jen Dorff, and she will respond to any of these within 48 hours or so. Please use the Rule number and section of the rulebook to make sure your question is being answered in the right context.

ABOUT CWLOA

MONTHLY CALENDAR

BECOME AN OFFICIAL

**RESOURCES FOR OFFICIALS**

RULES & TRAINING

COLORADO INFO

### Resources for Officials

Have a Rules Question? Submit it [here](#)

## Upcoming Calendar Events

*April: Youth Games start;*

*Girls high school regular season is in full swing and runs through May 7<sup>th</sup>.*

*May: NCAA Playoffs & HS Playoffs*

*June: Tournaments, Youth, HS and college*

*July: More tournaments!*

### HS Dates to note:

May 19<sup>th</sup> & May 23<sup>rd</sup> – HS Semi Final and Final @ DU

May 18<sup>th</sup> & 20<sup>st</sup> – NCAA Playoffs –Div II Semi-final and Final (Tampa, FL)

May 19<sup>th</sup> - 20<sup>th</sup> – CGLA Festival, site TBD

June 2<sup>nd</sup> & 3<sup>rd</sup> - Rocky Mountain Jamboree Tournament

June 15<sup>th</sup> – 17<sup>th</sup> - Denver Shootout Tournament

June 18<sup>th</sup> – 20<sup>th</sup> – Vail Lacrosse Tournament

June/July: Vail Lacrosse Shootout

Girls' U19                      June 24<sup>th</sup> - June 27<sup>th</sup>

Women's Elite                July 1<sup>st</sup> - July 4<sup>th</sup>

Women's Masters          July 1<sup>st</sup> – July 3<sup>rd</sup>



cwloaboard@gmail.com

CWLOA.com

Facebook: CWLOA

**Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse**

CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president – Cyndy Schlaepfer-Youker [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)

### **Have an idea for an article or a question you want answered?**

Submit to: [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com)

**Want to become more involved?** These are the areas we need ideas and help with:

Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to [cwloaboard@gmail.com](mailto:cwloaboard@gmail.com) and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

## **Spotlight – Rachel Sanford – Official**

*Tell us about how you became involved with women's lacrosse?*

I started playing lacrosse in the 4th Grade in CT and played through college at Duke. I am officially retired from playing but enjoy coaching and am having fun officiating.

*When did you first become an official, and expound on your involvement?*

I did some youth officiating in high school but have made my return to officiating this season. I would like to thank Frank Bailey for keeping me on the officiating listserve and reminding me about the training dates.

*What is your favorite lacrosse memory?*

Scoring on a hidden ball trick goal to beat UVA in a regular season game.

*What do you like to do in your free time and for entertainment?*

I own a restaurant with my husband Darryl, Switchback Smokehouse in Kittredge, CO. I am obsessed with Pickle Ball, my dog George, mastering the Instapot and my life coaching business.

*What is one officiating goal you personally want to achieve this coming season?*

I would like to be confident in my knowledge and make tough calls easily.

*From last month's spotlight official (Zoe Smith:) What's the weirdest scenario you've seen in your time officiating girls' lacrosse?*

The weirdest scenario I can think of happened to me last week, when I had my first ever dream about officiating lacrosse. #official

*Lastly, ask a question for our next month's spotlight.*

What would be your walk up "at bat" song when you walk up to the circle to start the draw?  
or What is your favorite hand signal?