CWLOA Update

Summer 2016 Newsletter *www.cwloa.com*



Summer and the tournaments begin!

Yes, it's summer and as you know Denver is a hot bed of girls lacrosse tournaments in the summer – lots of people want to come here, since it's so beautiful here (don't you know it!) so there is a lot of opportunity for you to continue officiating, even though the college and high school seasons are just about over! So don't hang up your stripes and whistle yet!

This past weekend was the CGLA tournament, which quite a few of you helped out with. The next tournament is June 4-5 weekend, the Jamboree. And pretty much every weekend after that until the last weekend of July.

There are often out of state officials who come in to work the tournaments, so please don't wait until the last minute to let the person who is scheduling officials know you are interested.

Contact Frank Bailey bailey5280@gmail.com for the Jamboree – June 4-5 Denver Shootout – June 17-19 Vail Lacrosse Shootout June 26 - July 3 –rating required

Contact Devin Bauman dbaum3248@gmail.com for Vail Tournament – June 20-22

Contact Sue Diffenderfer 1suediff@gmail.com for The Western Cup July 9-10

Contact Allen Maxwell for Mountain West Claxic July 30-31

More details about the tournaments are on our web site <u>cwloa.com</u> Summer 2016 Volume 8, Issue 1

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A quote to ponder over the summer, "Where do you find such a person: A man or woman involved in a game who has the authority of a sea captain, the discretion of a judge, the strength of a hunter, the courage of a soldier, the patience of a saint and the stoicism to withstand the abuse of the grandstand, the tension of overtime, the invective of a player and the pain of a ball ricocheting off their body? This person must be a tough character, with endurance and the ability to keep their temper and self-control, they must be unimpeachably honest, courteous, impartial, and firm, and they must compel respect from everyone!"

Adopted from original quote by Branch Rickey by Gordan Cosetti, as a great description of officials that epitomizes the intangibles that great officials have. It's also a powerful comment on how difficult it is to officiate, and how noble the profession is when approached with the right attitude

Recruiting - something each of us should always be doing!

Year End Meeting and Picnic

Our year-end meeting will be held **June 11th** at **Bear Creek Park (Near Mullen HS)**, **3550 S Raleigh St**, **Denver, CO 80236, from 4 pm to 6 pm.** The location was chosen to be fairly central and easy to get to: 48 minutes form Boulder; 1 hour 20 min from Colorado Springs; 1 hour 45 minutes from the mountains (Avon). We will elect new board members for those positions that are expiring, and conduct just a little bit of business, and we need your participation for this. When the meeting portion of the meeting is over, we will have a picnic and socialize. The board positions that are expiring are: Vice President, Treasurer, State Rules Interpreter. Please send in your nominations if you haven't already, to Cyndy Schlaepfer-Youker - shlep4ukr@gmail.com.

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US Lacrosse LEAD Program



US Lacrosse has established the LEAD (Local Enrichment And Development) Clinic Program for officials across the country. Originally established to focus on two-person mechanics for those officials seeking additional professional growth and development opportunities, US Lacrosse has now expanded the program to three different levels.

LEAD clinics utilize regional lacrosse tournaments along with summer and

fall lacrosse camps as sites for concentrated lacrosse officiating development.

The philosophy behind the LEAD program is to make these clinics accessible to all lacrosse officials from around the country. This balanced representation enable officials from developing and established and established areas to polish their officiating skills under the instruction of a qualified US Lacrosse clinician.

There is a LEAD Level 2 clinic coming up soon in Park City UT June 9-11 (closest to Denver). The LEAD Level 2 clinics are designed for 2-person mechanics and are geared toward officials looking to develop their skills and become stronger overall officials. These clinics combine classroom training with a heavy emphasis on repeated on-field observations for immediate, actionable feedback from the clinicians.

Go to

uslacrosse.arbitersports.com / Resources / Women's Officals Programs and Clinics to register and get details.

You Make the Call

As you know, US Lacrosse has its instructional web video series, "You Make the Call" for men's and women's game officials.

Now in its fifth year, the US Lacrosse Officials Education Program (OEP) has a 10-week series of video clips that demonstrate fouls and other situations in a game that an official may face. We strongly encourage watch the educational series to help you prepare for the summer tournaments.

You can find these videos in laxmagazine.com

and on YouTube.

We are always looking for easy ways to stay up with the game we are officiating and these videos are a great way to do that, and on your own time.

Also for a review as we head into the summer tournament season, it would be a good idea for all to review the <u>US Lacrosse Ropes video on Shooting</u> <u>Space</u> (on YouTube, search Ropes shooting space)



2016 Colorado Lacrosse Awards Ceremony

Please join the Colorado Lacrosse Foundation to honor the 2016 Hall of Fame Inductees, celebrate the 2016 High School Champions and recognize the Colorado USL Youth Award recipients.

June 9, 2016 - 6pm at the Hyatt Regency DTC

The Hall of Fame Inductees this year are Carol Degenhart and The Barton Family For registration go to: <u>www.uslacrossechapters.org/colorado</u>.

Individual Ticket prices are \$75. If you haven't been to one of these yet, it's a great event that benefits the whole Colorado lacrosse community, including the officials (they support us with funds to hold training events, etc). A very nice dinner is served, and there are cocktails.



Recruiting and 4 Steps to becoming a lacrosse official by Gordan Cosetti

Lacrosse official's organizations (LOO's) in the men's and women's games across the country are always looking for new officials. Data shows that lacrosse grows at a pace that far outstrips the ability of organizations to cover game assignments. This means that the newest officials are often put on games together, or the most experienced officials are put on a grueling schedule of backto-back games every week until they block their schedule. [We have a shortage in Colorado, and need each of you to recruit. These steps might help you when talking with potential recruits].

Officials are needed.

Those that played or coached the game are at a distinct advantage because they understand the game and how it is supposed to flow. They just need to be taught the

rules and how to approach the Otherwise you won't stick game from an official's perspective. Those that officiate other sports and want to start officiating lacrosse benefit from knowing how to manage a game, and need to be taught the intricacies of lacrosse.

Those that have never played the game or officiated another sport are also welcome. You'll have the toughest climb because you don't know lacrosse or officiating but with persistence and a few good mentors we've seen many uncertain officials mature into strong, capable officials. The biggest obstacle to those interested in officiating is they have no idea where to start. Below is a short roadmap with the information you need to start your officiating journey.

Step 1 - Do you really want to do this?

Whether you are looking to give back to the game, get more exercise, or make a few extra bucks you need to actually want to do this.

COA Transitional Clinic

For officials who are interested in working college games, the governing body for college level officials will transition from US Lacrosse to the Collegiate Women's Lacrosse Officiating Association on July 1. After that date, the COA will coordinate all training and ratings for college level officials. It is important that all officials continue to work on their growth and development. This is especially important for all officials that currently carry a Local rating. One of the considerations for assignments in the future will be a review of off-season work. Currently, the COA has a Transitional Clinic, which targets Local rated officials scheduled in **Denver on July 8-9**. Additional information on this clinic and several others can be found at http://www.coalacrosse.org under the professional development tab. We urge all of Local rated officials who aspire to work college games to participate in a training clinic somewhere this summer or fall.

around past the first year. We need those in for the long haul so evaluate why you want to officiate first because you are not going to be a great official on day one.

Step 2 - Find your Local Board Chair or Sub-District Coordinator

LB's and SDC's are tremendous volunteers for US Lacrosse and they work in tandem with Local Official's Organizations. [In Colorado the Local Board *Chair is Cyndy Schlaepfer-Youker* (shlep4ukr@gmail.com] or persons to where you live to inquire about upcoming

training classes. Most training classes are conducted in January and February, but many LOO's are moving to fall classes for new officials to take advantage of available fall ball games for training purposes. [We have training in the October/November for returning / college level officials, otherwise, *Jan/Feb for the most part]*

Step 3 - Prepare for class

There is a stunning amount of information to absorb and comprehend, and you're not going to get everything down pat after your first class. You can cut the learning curve down a great deal by reading a rule a night, watching the current season's rule interpretation videos, and reading officiating articles on the US Lacrosse Central Hub.

Your LOO's trainer will help you with where to get

officiating uniforms, and the other equipment needed to officiate a lacrosse game. Resources for Colorado officials are listed on our web site: cwloa.com

Step 4 - Get game reps!

No amount of training can replace game experience. You need game repetitions; preferably at the youth level under the guidance of a more experienced official to help you. The game will be incredibly fast to you, even at the U11 level and you will find yourself looking in the wrong areas, blowing the whistle incorrectly, and watching players commit fouls while thinking to yourself, "wow that was pretty bad I hope the official calls it." Then you will realize you are the official! Don't worry, this happens to everyone starting off but if you stick with it you'll find yourself among truly great company with fellow officials who all share a passion for lacrosse.

Have other questions about officiating? Contact officials@uslacrosse.org or cwloaboard@gmail.com





cwloaboard@gmail.com

CWLOA.com

Facebook: CWLOA



Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president - Cyndy Schlaepfer-Youker cwloaboard@gmail.com

Have an idea for an article or a question you want answered? Submit to: cwloaboard@gmail.com

Want to become more involved? These are the areas we need ideas and help with: Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to <u>cwloaboard@gmail.com</u> and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

Spotlight – Tim Mullins – First Year official

How did you decide to become a girl's lacrosse official, were you recruited or did you just sign up, etc.?

My friend Vince Carpio, a current lacrosse official, encouraged me to consider officiating. I had wanted to stay involved with youth sports now that my youngest daughter has graduated from high school and is done competing. Lacrosse filled that void. It is a sport I had experienced when she played as a youth, but since I had no other exposure to it there was an exciting challenge to learn the game.

What was the process of training and orientation like for you?

The first training session was a little intimidating as it was my first experience to the rules and we were encouraged to be actively involved. But despite that challenge everyone was very welcoming and helpful. The subsequent sessions became easier and by the time we completed the outside scrimmage "play date" and Rules Interpretation meeting, I felt confident I could work the games.

Have you officiated other sports?

No. I've coached all three of my daughter's in soccer, basketball, and softball from 5 years old to high school. I've also coached high school wrestling. My experience coaching and playing has helped with managing and handling the situations we encounter in officiating.

Do you have a favorite lacrosse memory from your first season?

It was a pleasure to work with and get to know several peer officials in Colorado Springs, Castle Rock, and Denver. High school games were exciting and fun, but my favorite times were working the middle school games. I loved seeing the girls being courteous to each other and as they run without realizing the ball fell out of their cross way behind them...

What hobbies do you have outside of lacrosse?

I play ice hockey, flag football, softball, and love to run. Love to make homemade wine and beer and sit by my fire pit to enjoy them. I have 6 grandkids (2 sets of twins, 2 singles, and one more set of twins on the way...)

From last months spotlight (Lisa Ellsworth) What is a favorite movie line quote?

"You want a toe? I can get you a toe, believe me. There are ways, Dude." Walter Sobchak, The Big Lebowski OR "Leave the gun. Take the cannoli." Clemenza, The Godfather

Lastly, ask a question for our next Spotlight official.

If you could have personally witnessed anything, what event would you want to have seen in person?