CWLOA Update

May 2016 Newsletter www.cwloa.com



orado Women's Lacrosse Officials Association

High School Playoffs

Playoffs for the girls high school champion are right around the corner.

The high school seeding meeting for playoffs is May 9th. *The first round of games to be completed by May 11th – 4 games *The second round to be completed by May 14th - 8 games. *The quarterfinals will be completed by May 18th. *The Semi-finals are Saturday May 21st at 11 am and 1:30 pm. at the University of Denver *The Final is Wednesday May 25th at 7:30 pm at the University of Denver.

If you are not assigned a game and have the opportunity to attend any one of those games, it will be a great opportunity to watch some competitive play and quality officiating.

It is also a great venue for mentors and mentees to watch the game together for a teaching/ learning experience. The seeding and tournament brackets will be posted on CHSAANow.com after May 9th.

So check out the bracket and get to a game or two!

Current top 10 teams are:

- Colorado Academy 1.
- 2. Mullen
- 3. Denver East
- 4. Kent Denver
- Cherry Creek 5.
- 6. ThunderRidge
- 7. Arapahoe
- 8. Chaparral
- 9. Ralston Valley
- 10. Columbine

Special Note: As the season progresses and you have changes to your personal schedule, it is important that you remember to keep your Arbiter blocks up to date. Schedules tend to get compacted at the end of the season when missed games are being rescheduled. It is really helpful, and time saving for the assignors to know that your blocks are up to date. For assigning instructions going forward, please refer to the April Newsletter.

Youth Lacrosse by Jeff Secor

Youth lacrosse is alive and well in Colorado. The level have the option of of play has evolved over the years and with over 100 teams playing in the spring, the need for qualified officials is tremendous. The youth game provides many opportunities to continue to officiate after the high school season has ended. May starts the cycle of tournament weekends and festivals. These are normally two-day events

where, as officials, you officiating both or just one day of a weekend. This is a great chance to support the youth game and continue the growth of lacrosse in Colorado. It also provides the chance to work on your game and earn a little extra cash while doing something fun.

What to expect on these wild weekends? It is a lot of fun seeing all the fields

active with competitive games and the kids playing hard. The sidelines are filled with parents and family supporting their favorite player(s). For the more experienced officials you will team up with people you have not seen all year. For the less experienced you get to work with senior officials who can help you develop your game. A typical day involves 3-4 games. So to help keep these

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weekend events moving along, brush up on your youth rules. Pay attention to your emails as that is the primary path of communication for announcement of the events and the request for officials. The more flexible you are helps the assignor schedule officials for the 30+ games that occur each day. Have fun these last couple of weeks and into the summer. Support Colorado lacrosse! GO CWLOA!

CWLOA Mentoring Program by Michelle Gazarik

Mentor program is up and running! Not too late to join! We kicked off this year's mentor program with 10 pairs of mentors/mentees. This program has helped new and less-experienced officials and connected them with another lacrosse official who can guide and answer questions. Whether it's an email or phone call or text or in-person conversation, this personal connection makes lacrosse officiating all the more enjoyable.

I would like to share my personal experience since I am new to Colorado, but not new to lacrosse officiating: My mentor, Cyndy Schlaepfer-Youker, has helped me find exact field locations on campuses, communicated nonverbally with signals on the field, guided me to better game management procedures that aren't written in the training manuals, and has become a good friend.

As a mentor, I have touched based with Leatha LaBlanc, who has become an official after playing and who has a daughter that plays in high school. She saw a way to give back to the sport and fill the shortage we have. I have been able to share some training materials and some of my own challenges with her. In fact, we face similar challenges (use of flag and game assignment issues) and can relate to each other's stories.

It's not too late to become a part of this mentoring program. Increasing the knowledge on the lacrosse field will continue to benefit the players and officials, and if our new officials feel more comfortable and return next year, we are one step ahead in being able to serve our lacrosse community by putting experienced and knowledgeable officials on the field.

If you have the desire to be a part of the mentor program, contact Michelle Gazarik, <u>mvgazarik@yahoo.com</u>, 757-817-0599.

You Make the Call from Drew Hill Eastern Tennessee

4 More Scenarios To Review @ Mid
Season + You Make The Call
Why do we need padded goal supports (ground pipes)?... Oooh!
Goal circle foul by Goal Keeper
Goal Keeper legally reaches out of GC to bring ball back into GC.
Crosse around throat is a Crosse in the Sphere... not a Hold/Detain.

You Make the Call: (on YouTube search Drew Hill lacrosse)

Also for a review as we head into the playoffs, it would be a good idea for all to review the <u>US</u> <u>Lacrosse Ropes video on Shooting Space</u> (on YouTube, search Ropes shooting space)



- Jumping shot while marked. You make the call.

2016 Year-End Meeting/ Picnic – JUNE 11

Our year-end meeting will be held **June 11th at Bear Creek Park (Near Mullen HS)**, **3550 S Raleigh St**, **Denver, CO 80236, from 4 pm to 6 pm.** The location was chosen to be fairly central and easy to get to: 48 minutes form Boulder; 1 hour 20 min from Colorado Springs; 1 hour 45 minutes from the mountains (Avon). We will elect new board members for those positions that are expiring, and conduct just a little bit of business, and we need your participation for this. When the meeting portion of the meeting is over, we will have a picnic and socialize. The board positions that are expiring are: Vice President, Treasurer, State Rules Interpreter

Interested in helping plan the picnic? We still NEED your help!

Email to: <u>cwloaboard@gmail.com</u> and let us know.



Special Interest: Service to CWLOA

Did you know that US Lacrosse expects all members to provide service annually to our local board? Yep, it does.

The policies and procedures manual says, "we will be strengthened by providing service, and our local board will be strengthened as well". So what kind of service are we talking about here? The manual gives some ideas, but does not limit what might be considered service.

Here are a few:

* Attend a HS semi -final or final game with a higher rated would be beneficial and official.

- * Officiate at a play day.
- * Mentor a junior official.
- * Hold a position on the local
- board or committee.
- * Recruit a new official.

The expectation about how many hours of service are required to maintain our good <u>bailey5280@gmail.com</u> – (One standing is listed in the manual as well. But for now, how about getting active and do more than just be on the field on time.

CWLOA board has several projects where your talents welcomed!

Talk to any board member, we will be glad to help find a spot for you.

President: Cyndy Schlaepfer-Youker shlep4ukr@gmail.com (Two year term expires 2017)

Past President: Frank Bailey year term expires 2016)

Vice President: Bob Curnow finangrp@comcast.net – (Two year term expires 2016)

Secretary: Dennis (DJ) Bremser dbremser@msn.com - (Two year term expires 2017)

Treasurer: Allison Bailey albailey7@gmail.com - (Two year term expires 2016)

Training & Rating Coordinator: Devin Bauman dbaum3248@gmail.com -(Two year term expires 2017)

State Rules Interpreter: Lisa Ellsworth lisabuzze@comcast.net - (Two year term expires 2016)

Inside Story: Resources for rule changes or updates during the season

We remind everyone that information regarding all rules is posted throughout the season on the following web sites: (The playing level rule interpretation (USL/NCAA) is indicated in parentheses.)

US Lacrosse website: http://www.uslacrosse.org/rules.aspx

US Lacrosse Central Hub: https://uslacrosse.arbitersports.com/front/108525/Site/Page-Content/Home NCAA Central Hub: http://ncaawomenslacrosse.arbitersports.com/front/107529/Site

Upcoming Calendar Events

February: NCAA and College Club games start

March: Girls high school season starts regular season is 3/10 through 5/7, then playoffs start.

April: Youth Games start

May: NCAA Playoffs & HS Playoffs

We wanted to give you a heads up to some lacrosse events that are coming up so you can put these on your calendar. See full list of Post Season Events on our web site cwloa.com Also on the web site is who to contact if you want to work the tournaments.

May 21st - HS Semi Final 11 am & 1:30 pm May 25th - HS Final @ DU 7:30 pm May 19th - 21st - NCAA Playoffs - Division II Semi-final and Final @ Metro May 21st - 22nd - CGLA Festival, site TBD

June 4th & 5th - Rocky Mountain Jamboree Tournament June 17th - 19th - Denver Shootout Tournament June 20th – 22nd – Vail Lacrosse Tournament June/July: Vail Lacrosse Shootout Girls U19 June 26th - June 29th Women's Elite June 30th - July 3rd Women's Masters July 1st - July 3rd

July 9th – 10th - Western Cup IWLCA showcase event

June 11th - CWLOA Year end Meeting. Plan to attend! We have year end fun, picnic, and elect new officers to our board for those whose terms are ending.



cwloaboard@gmail.com

CWLOA.com

Facebook: CWLOA



Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president - Cyndy Schlaepfer-Youker cwloaboard@gmail.com

Have an idea for an article or a question you want answered? Submit to: cwloaboard@gmail.com

Want to become more involved? These are the areas we need ideas and help with: Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to <u>cwloaboard@gmail.com</u> and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

Spotlight – Lisa Ellsworth – National Official & Rules Interpreter

1. Tell us about how you became involved with women's lacrosse?

I got involved in lacrosse to give back to women sports and still be able to be a stay home mom.

2. When did you first become an official? and tell us about the process of becoming an National Official, etc.

When I started officiating lacrosse there were no district or National officials in our area. I was lucky to get to learn with my fellow official, Jeff Secor. We would make mistakes and have great post game chats about what we did right and wrong, how we could of handled a situation differently. We had some out-of-area officials who would come out to Vail every year and they would work us hard to correct and explain the way we officiated the games. You had to watch these other officials and learn from them. Everything from how they moved on the field to cover angles to when they were on ball and off ball. How they would work together. Many of those officials I still look to as mentors who help me with my game today. The only way to get experience was to travel to the National tournament. You had to set goals for yourself every year and work to achieve them.

3. Tell us about being the rules interpreter, how you got into that role, etc.

I became the rules interpreter more as a default because Jeff Secor retired and he had been the long-standing rules interpreter before that.

4. What is your favorite lacrosse memory?

My favorite lacrosse memory was at Vail. All the east coast officials went river rafting and mountain biking and they were taking some heavy crashes. We were laughing about how we almost wiped out the top 8 international and national officials in the country, but they were having some kind of fun!

5. What hobbies do you have outside of lacrosse?

I needle point Christmas stockings and also make quilts!

6. What is one goal you have for the coming season?

I am working on game management and attention to the clock. I am also working on trying to keep the new rules and their administration clear and correct.

7. From last month's spotlight official (Dan Cronin:) What would one event be that you would like to attend in the future? I would really like to officiate the D2 finals and I hope to, as they are in Colorado this year.

8. Lastly, ask a question for our next month's spotlight What is a favorite movie line (quote)?