

CWLOA Update

April 2016 Newsletter
www.cwloa.com



CWLOA

Colorado Women's Lacrosse Officials Association

Official Mechanics

We're well into our season of officiating, so just a few reminders to help us all step up our game.

1/ **Whistle** – make your whistle sing. Use varied tone based on the severity of the foul you are calling

2/ **Direction Signal** – Who committed the foul? With your back to the sideline, put your arm up so that it is horizontal in the direction play will resume, hold it there a bit so that your partner, coaches and players all have a chance to see it.

3/ **Foul Signal** – What is the foul? Show the foul signal; be demonstrative. Again hold the signal long enough for others to see it.

4/ **Placement of players: B-O-O.** Ball, who gets the ball; Offender, Where does the Offender go? (Was it a major, minor, Goal Circle, RL, or Misconduct foul) and where did the foul occur (mid-field, over the RL, CSA, 12m Fan 8M arc, goal circle);

Others, considerations are the same as with Offender – what the foul was and where it occurred.

5/ **Whistle/Drop Arm** – make quick eye contact with your partner, Restart Play – raise your arm just prior to blowing your whistle and drop your arm after blowing your whistle.

Carding:

1. Signal time out
2. Turn and face score table
3. Show appropriate card and the foul signal (Slash,

dangerous follow through, etc.)

4. Make eye contact with partner to make sure s/he is aware of the card
5. A player is removed for 2 minutes (yellow) or 4 min. (USL Red) of playing time and reports to the penalty box
6. Table side official repeats foul, players' number and shows card to table (to be recorded by the scorekeeper)
7. Make eye contact with partner to make sure they are ready (not writing the penalty)
8. Restart play with whistle and arm signal.

Special Note:

- As the season progresses and you have changes to your personal schedule, it is important that you remember to keep your Arbiter blocks up to date. Schedules tend to get compacted at the end of the season when missed games are being rescheduled. It is really helpful, and time saving for the assignors to know that your blocks are up to date.

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Obstruction of Free Space to Goal

The Obstruction of the Free Space to Goal (shooting space) rule is in effect when the ball is within the Critical Scoring Area (CSA) and Above Goal Line extended (AGL).

1. This positioning applies only if initiated by the defender and not if she is drawn into the free space to goal by an attacking player.

2. This positioning applies to a

defender not marking an attack player within a sticks length.

Note: This call should be made only if the player with the ball has the opportunity to and is looking to shoot.

Scenario 1: An attack player is being double or triple teamed. She does not have the opportunity to shoot. Shooting space should not be called. If she shoots, strong consideration should be

given to calling dangerous propelling.

Scenario 2: An attack player has the opportunity to shoot but is looking to pass to a teammate. Shooting space should not be called.

Example: Attack player A1 has the ball in front of the goal between the 12M and 8M, and her teammate A2 is being guarded deep and to the side of

the goal circle by a defensive player. The low attack (A2) begins to run across the goal, and her defense (D2) decides to stop and tries to play the attack (A1), moving straight on to her, more than a stick's length away. **RULING: ILLEGAL.** Major foul, shooting space. The defense must approach from an angle. She would be legal if she ran at an angle, keeping her body out of the free space to goal.

2016 Assigning Instructions – *How to get games going forward*

There are lots of open games following the draw and more will open as the season progresses!

Two Arbiter sites: ASO & CHSAA – since there are two sites it is important that you share between sites, blocks, etc., using the share feature in Arbiter under your profile tab. Sharing will also better ensure all assigners know when you are assigned

ASO: aleto38676@aol.com – Melissa & Jerry Letofsky

Arapahoe, Cherokee Trail, Cherry Creek, Eaglecrest, Grandview, Mullen, Overland, Smoky Hill
Castle View, Chaparral, Heritage/Littleton, Rangeview, Regis, Rock Canyon, ThunderRidge

CHSAA: shared by Jeffco, Metro, Mountain & Southern leagues

Jeffco: dvelichk@jeffco.k12.co.us – Dale Velichkoff

Bear Creek, Chatfield, Columbine, Conifer, Dakota Ridge, Evergreen, Golden, Green Mountain, Ralston
Valley, Wheat Ridge, Valor Christian

Metro: 2 assigners – DPS: donna_wingo@dpsk12.org – Donna Wingo – Metro: shlep4ukr@gmail.com – Cyndy Schlaepfer-Youker

DPS: Denver East, Denver Kennedy, Denver North, Denver South

Metro: Centaurus, Colorado Academy, Kent Denver & St. Mary's Academy

Mountain: schouty@msn.com – Randy Schouten

Aspen, Battle Mountain, Eagle Valley, Steamboat Springs, Summit, Fruita Monument & Durango are unknown

Southern: dan.cronin.cos@gmail.com – Dan Cronin

Air Academy, Cheyenne Mountain, Liberty, Palmer, Palmer Ridge, Pine Creek, Pueblo West, Rampart

Open games on ASO can be self-assigned. The self-assign feature can be accessed by clicking on schedule tab and then on the self-assign tab on the gray task bar. Only games that fit your Arbiter availability (time and distance) will be listed. They will also email openings as the game date gets close.

CHSAA assigners do not use self-assign. Each assigner uses email to communicate openings. Some will communicate at least weekly.

The assigners may try to fill openings by assigning an official that indicates in Arbiter that they are available. This process requires that you keep your availability in Arbiter updated with any availability changes to avoid getting assignments that you cannot accept.

There have been a number of turn backs from the auto assign involving time and distance issues. You can prevent these assignments by using the block features in Arbiter.

Middle school games are assigned by Cyndy Schlaepfer-Youker - shlep4ukr@gmail.com

Youth games will be assigned by Michelle Secor (jmsecor@netzero.net) in Colorado Springs & Pueblo and by Frank Bailey (bailey5280@gmail.com) in metro Denver, Loveland & Ft Collins. These games are assigned in a third Arbiter site so please communicate with Michelle or Frank if you are interested in working youth games. The youth games are on Saturdays from April 9 - May 14.

2016 Year-End Meeting/ Picnic

Our year-end meeting will be held June 11th at a place yet to be determined. We will elect new board members for those positions that are expiring, and conduct just a little bit of business, then we will picnic after with all our fellow officials. **Interested in helping plan the picnic?** Email to: cwloaboard@gmail.com and let us know. *We could use your help.*



Special Interest: Mentoring Program

Last month we kicked off our Mentoring program and are still looking for more officials to participate.

To develop new umpires quickly and get answers to their questions, it's helpful if you have someone to consult. By establishing a working relationship with a veteran official, newer officials can accelerate your progress, get feedback when it's

most useful, have someone you can go to for questions, and increase your knowledge and proficiency in officiating lacrosse. It is also a great way for veteran umpires to give back to the sport and pass on their knowledge.

What do I have to do?

- 1) Register using the link provided here in the article.
- 2) Once you are linked by email with your mentor-mentee partner, contact them and introduce yourself.
- 3) Follow up after your games, ask/answer questions, provide

advice, share after-game analysis.

What do you have to lose?
Nothing!

What do you have to gain? A friend to share lacrosse stories, enjoy a laugh or too, and appreciate the community spirit of lacrosse.

Interested in becoming a mentor or mentee? Sign up by following the link below (copy and paste into your web browser):

Start signing up now. The sooner you sign up the more benefits you will see this season. Pairing will occur as fast as we can match up officials.

If you don't hear from anyone within a week of registering using the link provided, please contact Mentor Program chair Michelle Gazarik, cell: 757-817-0599, email: mvgazarik@gmail.com.

Mentoring Link: <https://docs.google.com/forms/d/18tgedyk4gCgUwbSIXOCks73hcKzd-gwY3tBB63hoQSk/viewform>

Inside Story: Resources for rule changes or updates during the season

We remind everyone that information regarding all rules is posted throughout the season on the following web sites: (The playing level rule interpretation (USL/NCAA) is indicated in parentheses.)

US Lacrosse website: <http://www.uslacrosse.org/rules.aspx>

US Lacrosse Central Hub: <https://uslacrosse.arbitersports.com/front/108525/Site/Page-Content/Home> NCAA Central Hub: <http://ncaawomenslacrosse.arbitersports.com/front/107529/Site>

Upcoming Calendar Events

February: NCAA and College Club games start

March: Girls high school season starts regular season is 3/10 through 5/7, then playoffs start.

April: Youth Games start

May: NCAA Playoffs & HS Playoffs

We wanted to give you a heads up to some lacrosse events that are coming up so you can put these on your calendar. **See full list of Post Season Events on our web site cwloa.com**

May 7th – Training for new or a review for current officials @ Buck Rec Center, Littleton. The session will run from 8 am to 2 pm. Send email to cwloaboard@gmail.com if you are planning to attend.

May 16th, 20th – HS Semi Final and Final @ DU

May 19th – 21st – NCAA Playoffs –Div II Semi-final and Final @ Metro

May 21st - 22nd – CGLA Festival, site TBD

June 4th & 5th - Rocky Mountain Jamboree Tournament

June 17th - 19th - Denver Shootout Tournament

June 20th – 22nd – Vail Lacrosse Tournament

June/July: Vail Lacrosse Shootout

Girls U19 June 26th - June 29th

Women's Elite June 30th - July 3rd

Women's Masters July 1st – July 3rd

July 9th – 10th - Western Cup IWLCA showcase event

June 11th - CWLOA Year end Meeting. Plan to attend! We have year end fun, picnic, and elect new officers to our board for those whose terms are ending.



cwloa@gmail.com

CWLOA.com

Facebook: CWLOA

Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse

CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president – Cyndy Schlaepfer-Youker cwloa@gmail.com

Have an idea for an article or a question you want answered?

Submit to: cwloa@gmail.com

Want to become more involved? These are the areas we need ideas and help with:
Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to cwloa@gmail.com and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

Spotlight – Dan Cronin – Official & Colorado Springs Assignor

1. Tell us about how you became involved with women's lacrosse?

Some friends knew I officiated football, and suggested I try Girls Lacrosse. I decided to give it a try, and I am glad I did.

2. When did you first become an official?

In 2012

3. Tell us about being the assignor for Colorado Springs officials and how you manage that.

Being the assignor puts me as the liaison between the schools and officials. Most of the work is front-loaded, i.e. before the season. If the weather cooperates, then things go smoothly. Injuries to officials and bad weather then makes it much more reactive. It makes me appreciate what it takes to play a GLAX game.

4. What is your favorite lacrosse memory?

I have several, doing my first NCAA game this spring; doing a U15 National semi-final and doing a game with my son for the first time are my best memories to date. I hope there are more to come.

5. What hobbies do you have outside of lacrosse?

I enjoy football, golf, hiking and Notre Dame athletics.

6. What is one goal you have for the coming season?

My major goal is to improve my 3 person mechanics.

7. From last month's spotlight official (Frank Bailey) Who are your 4 bucket list dinner guests (living or not) and what would you serve?

I would invite John Kennedy, Martin Luther King, Jr., Theodore Hesburgh (former president of Notre Dame) and Neil Armstrong. We would have steak and baked potatoes, and some wine and whiskey.

8. Lastly, ask a question for our next month's spotlight:

What would one event be that you would like to attend in the future?