

CWLOA Update

March 2017 Newsletter
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CWLOA

Colorado Women's Lacrosse Officials Association

Official Professionalism

March 2017
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As an official in Colorado you need to bring professionalism in approaching each game.

1/ Arrive at the game site 30 minutes prior to the scheduled game time for a high school game. This allows time to get into uniform, find your partner, and have a pre-game discussion. Officials are to be on the field 20 minutes prior to the game time for high school.

2/ Be neatly dressed in the official uniform: black kilt/shorts/pants; one inch vertically striped black and white shirt; any accessories you wear due to weather must be black (jacket, hat, visor, etc.)

3/ Use a bag, preferably black to carry a rulebook, whistle, cards, tape measure, pen and coin.

4/ Inspect the field – check markings for correctness, condition, boundaries, substitution area and table placement at midfield.

The day of the game you should email or call your partner to be sure

they are on the game, and email the school to confirm the game, place and start time.

If you are caught in traffic and going to get to the site later than 30 minutes before the start time, call your partner to let them know.

Where do I get the school and other official's phone numbers or emails? In Arbiter, after you are signed in go to your schedule; click on the game number (first column); that shows you your partner and contact information. On that page you'll also see the site of the contest. Click on that and you will see the schools' contacts.

Things to Note:

- **USLacrosse Rules Test needs be completed by March 7th (score 80% or higher)**
- If you are a new official you need to take the US Lacrosse [online course](http://learning.uslacrosse.org) (learning.uslacrosse.org) *Not updated with 2017 draw rule*
- If you haven't yet completed a background check please do.
- Be sure to login to Arbiter and accept game assignments

REMINDER: Rules Interpretation make up for Mountain officials: March 6th, Dillon @ Cameez 4 pm. **Contact Randy Schouten** (schouty@msn.com)

Volunteers still needed for the Youth on field training on March 12th – contact Frank Bailey if you can help out (bailey5280@gmail.com)

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SAVE the DATE:
APRIL 9th –
MID-SEASON
MEETING

Process to perform a Stick Check (US Lacrosse)

We conduct a stick check at the beginning of each contest to make certain crosses meet specifications.

1/ Check the pocket depth – hold crosse horizontal, stick at eye level, drop ball into pocket, press and release, and you should be able to see the ball above the sidewall. If you can't, the pocket is too big. Have the player adjust the

pocket. Make sure the ball does not become wedged and easily falls out when the crosse is turned upside down.

2/ Visually check sticks to see that they are legal in length. Measure any stick that appears questionable. Visually check the head and stop of molded head sticks to determine if they have been altered in any

way. Players may not weave the thongs back up through the head of their crosse.

Check to be sure there are not more than two shooting /throw strings in the field player's stick and that these are not rolled, coiled or twisted more than twice between each thong.

There is NO PENALTY or CARD given to a player for an illegal stick. It does not matter

if the stick is too long, too deep a pocket, has incorrect stringing, or been altered from the manufacture it will be a MINOR FOUL if caught during the play of game and NO PENALTY if caught before the game. A stick that cannot be corrected (too long, incorrect stringing) will have to remain at the table for the duration of the game.

2017 Assigning Instructions – *How to get games going forward*

There are lots of open games following the draw and more will open as the season progresses!

Two Arbiter sites: ASO & CHSAA – since there are two sites it is important that you share between sites, blocks, etc., using the share feature in Arbiter under your profile tab. Sharing will also better ensure all assigners know when you are assigned.

ASO: alet038676@aol.com – Melissa & Jerry Letofsky

Arapahoe, Cherokee Trail, Cherry Creek, Eaglecrest, Grandview, Mullen, Overland, Smoky Hill
Castle View, Chaparral, Heritage/Littleton, Rangeview, Regis, Rock Canyon, ThunderRidge

CHSAA: shared by Jeffco, Metro, Mountain & Southern leagues

Jeffco: dvelichk@jeffco.k12.co.us – Dale Velichkoff

Bear Creek, Chatfield, Columbine, Conifer, Dakota Ridge, Evergreen, Golden, Green Mountain, Ralston
Valley, Wheat Ridge, Valor Christian

Metro: 2 assigners – DPS: donna_wingo@dpsk12.org – Donna Wingo – Metro: shlep4ukr@gmail.com – Cyndy Schlaepfer-Youker

DPS: Denver East, Denver Kennedy, Denver North, Denver South

Metro: Centaurus, Colorado Academy, Kent Denver & St. Mary's Academy, Loveland

Mountain: schouty@msn.com – Randy Schouten

Aspen, Battle Mountain, Eagle Valley, Steamboat Springs, Summit, Fruita Monument & Durango are unknown

Southern: dan.cronin.cos@gmail.com – Dan Cronin

Air Academy, Cheyenne Mountain, Liberty, Palmer, Palmer Ridge, Pine Creek, Pueblo West, Rampart

Fort Collins: Northern Colorado Sports Officials – Sean Grogan grogansb@gmail.com - Rocky Mountain

Open games on ASO can be self-assigned. The self-assign feature can be accessed by clicking on schedule tab and then on the self-assign tab on the gray task bar. Only games that fit your Arbiter availability (time and distance) will be listed. They will also email openings as the game date gets close.

CHSAA assigners do not use self-assign. Each assigner uses email to communicate openings. Some will communicate at least weekly.

The assigners may try to fill openings by assigning an official that indicates in Arbiter that they are available. This process requires that you *keep your availability in Arbiter updated with any availability changes to avoid getting assignments that you cannot accept. We all have things that come up, so please do your best to keep your Arbiter blocks current.*

There have been a number of turn backs from the auto assign involving time and distance issues. You can prevent these assignments by using the block features in Arbiter.

Middle school games are assigned by Cyndy Schlaepfer-Youker - shlep4ukr@gmail.com

Youth games will be assigned by Michelle Secor (jmsecor@netzero.net) in Colorado Springs & Pueblo and by Frank Bailey (bailey5280@gmail.com) in metro Denver, Loveland & Ft Collins. These games are assigned in a third Arbiter site so please communicate with Michelle or Frank if you are interested in working youth games. The youth games are on Saturdays from April 8 - May 13.

CWLOA Swag – Look good and help spread the brand!

We have a unique opportunity to get some CWLOA logo'd clothing!! You can order whatever you like at this link, look good wearing the clothing and help spread the word about lacrosse officiating in Colorado. We are trying this out to see if we get a good response, and see if it helps us at all in getting more officials. We are hoping people will ask you what's CWLOA, or 'Are you a lacrosse official – how can I do that?' type of questions to begin conversations that will lead to recruiting new officials. This is the link to the clothing. <https://www.order.fancloth.com/80134/232503> (copy and paste the link into your browser) On the form it says Student Name – they couldn't change it to Official's Name – but that's you!

Your order **MUST** be placed before March 31st. Please help support CWLOA and look good doing it!

You Make the Call: Goalkeeper rakes ball back into goal circle

Situation: Goalkeeper (GK) is completely in her goal circle (GC). The ball is loose and on the ground outside her GC in front of her. There is an opponent marked by a defender within stick's length of the ball. The GK covers the ball and rakes it into the GC. Ruling: Illegal Is this a GC foul or minor foul? How should the penalty be administered? A, B or C?

- A) It is a GC foul. Give the ball to the closest attack at the hash mark on the goal line extended (GLE). Allow the GK to stay in her GC, but move another defender 4M behind attack with ball to serve the penalty. Clear the lane above GLE for the attack. On the whistle, the ball carrier may run, pass or shoot on goal.
- B) It is a GC foul. Same as "a", but do not move any defender behind the attack player with the ball.
- C) It is a MINOR foul (even though it appears in Rule 7 Goal Circle section. Give the ball to the closest attack that is aligned with a "spoke" going out to the 12M from the spot where the GK covered the ball. Keep the GK in the GC, and do not move any other defender 4M in front of the attack with the ball. Verbally say "INDIRECT". On the whistle, the ball carrier may run or pass, but she may not go to goal.
- Correct Answer:** C) Note the subtle difference in fouls and penalty administration for the following two situations. See p 43, 7.2.1 Situations A and B.

2017 NFHS-USL Girls Lacrosse Rule Book.

If the GK is fully in her goal circle then covers and pulls the ball from outside the GC over the GC line, it is a minor foul if and only if there are opponents within playing distance of the ball.

If the GK is partially in and partially out of her GC (a.k.a. GROUDNED, p 68), and then she covers and pulls the ball from outside the GC into the GC, it is a GC foul.

Inside Story: New Draw Procedures

On the whistle, all players below the restraining lines may not cross until: 1. A player of either team has gained possession of the ball. 2. The ball goes out of bounds off of a player. 3. The ball crosses the restraining line. 4. A whistle stops play for a foul.

A player is in possession of the ball when the ball is in her crosse and she can perform any of the normal functions of control such as cradle, carry, pass or shoot. Once this occurs, the official who set the draw will say out loud 'RELEASE' and make the Possession/Release of Draw signal (reverse circular motion – windmill like)

Upcoming Calendar Events

February: NCAA and College Club games start

March: Girls high school season starts regular season is 3/9 through 5/7.

April: Youth Games start

May: NCAA Playoffs & HS Playoffs

June: Tournaments, Youth, HS and college

We wanted to give you a heads up to some lacrosse events that are coming up so you can put these on your calendar if you are interested in participating as an official or attending as a spectator!

March 4 – On-field training/ HS Play day: You should already be assigned to a site. If you are not, please email cwloaboard@gmail.com and we will get you assigned to a spot. Please get there ½ hour before start to sign in and get oriented.

March 16th – 2nd Monthly CWLOA Social at the ViewHouse @ 6:30 pm (7101 South Clinton Street, Centennial, CO 80112)

May 17th, 20th – HS Semi Final and Final @ DU

May 19th & 21st – NCAA Playoffs –Div II Semi-final and Final

May 22st - 23rd – CGLA Festival, site TBD

June 3rd & 4th - Rocky Mountain Jamboree Tournament

June 16th - 18th - Denver Shootout Tournament

June 19th – 21st – Vail Lacrosse Tournament

June/July: Vail Lacrosse Shootout

Girls U19 June 25th - June 28th

Women's Elite July 1st - July 4th

Women's Masters July 1st – July 3rd



cwloaboard@gmail.com

CWLOA.com

Facebook: CWLOA

Promoting the ideals of sportsmanship, personal responsibility and team work in the sport of lacrosse

CWLOA is a nonprofit organization focused on recruiting training and rating new officials, developing and supporting higher-rated officials and promoting a safe and positive environment for women's lacrosse throughout Colorado.

The association seeks to provide safe, fair, and impartial officiating for women's lacrosse games while promoting the ideals of sportsmanship, personal responsibility, and team work in the sport of lacrosse.

CWLOA board president – Cyndy Schlaepfer-Youker cwloaboard@gmail.com

Have an idea for an article or a question you want answered?

Submit to: cwloaboard@gmail.com

Want to become more involved? These are the areas we need ideas and help with:
Recruiting / Training / Rating / Mentoring / Web site – updating/design / Recognition

Please send an email to cwloaboard@gmail.com and include your name, email, phone number. Let us know how you would like to be involved, and list special skills you would be able to provide, if any.

Spotlight – Michelle Gazarik – Official / Certified Trainer / Mentor Chair

Tell us about how you became involved with women's lacrosse?

When I lived in Boston, my oldest son started playing in 3rd grade with his ice hockey friends. Then we moved to Yorktown, VA near Williamsburg, Norfolk and Virginia Beach, all combining to be one of the largest concentrations of US Military bases. This is where I learned women's lacrosse from one of our great US Army women, Jane Jollota, in 2006, when we started the Hampton Roads Chapter of USL and HRLAX Boy's and Girl's League. My daughter was in 1st grade on our first team. We had 4 teams in our league to start. We grew it to over 12 HS teams, and 20 youth teams.

When did you first become an official, and expound on your involvement and move to Colorado?

I became an official the following year because we had no youth officials. We had four college teams (College of W&M (D1 & Club), ODU (D1 & Club), VWC (D3) and CNU (D3), and their coaches and officials helped me develop girls' lacrosse in the Hampton Roads area. My mentors, Dr. Lynn Ridinger, Professor at ODU and Bonny Hajek, President, Central Virginia Women's Lacrosse Assoc, would run our officials' training sessions. Then I went to my first USL LaxCon in 2007, and fell in love with officiating ever since. I then developed our local officials, started our Arbiter account, assigned games, and started the junior umpire training & development program. I moved to Colorado in June 2015 when my husband took a new job and my daughter started at CU Boulder.

Tell us about running Mentoring program and your experience with that.

I had a great experience with Dr Ridinger who conducted research on officials and why they stay or leave the profession. One of her conclusions for women's lacrosse was the need to have a social connection to the sport. I started a similar program in VA, and saw its benefits. I really enjoy meeting all of our officials in CWLOA. We have a great mix of talent and geographical representation.

What is your favorite lacrosse memory?

When my daughter's high school team, coached by Kate Portuese, won the HRLAX league championship. 5 years prior, I had the chance to name the league trophy in her late husband's, Joel Portuese All-American lacrosse GK, Class of 1998 US Military Academy at WestPoint. It was a great way to honor his memory and what he did for the lacrosse community.

What do you like to do in your free time and for entertainment?

I love to hike, backpack, and listen to live music and watch musicals. I also LOVE to cook and dine out.

What is one officiating goal you personally want to achieve this coming season?

I really want to work on my college game and officiate at that level.

From last month's spotlight official (Michelle Secor:) What is the one thing that always puts you in a good mood? Music! And when I see a little girl smiling and having fun on the lacrosse field. Have fun....play lax!

Lastly, ask a question for our next month's spotlight

If you could meet a great lacrosse player, coach or official, who would it be?